



Iron, Folic Acid, B-Vitamins & Vitamin-C capsule

Presentation

Alneed®: Each capsule contains -

Dried Ferrous Sulphate BP 150 mg Folic Acid (vitamin-Bg) BP 500 mcg Thiamine Mononitrate (vitamin-B1) USP 2 mg

Riboflavin (vitamin-B2) USP 2 mg

Pyridoxine Hydrochloride (vitamin-B6) BP 1 mg

Nicotinamide (vitamin-B₃) USP 10 mg Ascorbic Acid (vitamin-C) USP 50 mg

Description

Alneed is a special preparation of Iron, Folic acid, B-vitamins and Vitamin-C.

Indications and Uses

Alneed is indicated for the treatment and prophylaxis of Iron, Folic acid, B-vitamins and Vitamin-C deficiency, especially during pregnancy and lactation.

Dosage and Administration

One capsule daily. In more severe cases, 2 capsules a day may be required or as directed by the physician.

Contraindications

This product is contraindicated in patients with a known hypersensitivity to any of the ingredients.

Precautions

Care should be taken in patients who may develop iron overload, such as those with hemochromatosis, haemolytic anaemia or red cell aplasia. Iron chelates with tetracycline and absorption may be impaired.

Side effects

Generally well tolerated. However, a few allergic reactions may be seen.

Use in pregnancy & lactation

Recommended.

Drug interactions

No such drug interactions have been reported.

Overdosage

Accidental overdose of iron containing products is a leading cause of fatal poisoning in children fewer than 6. Avoid higher doses if you have liver disease or hemochromatosis; excess can cause bloody diarrhea, vomiting, acidosis, darkened stools, abdominal pain. Symptoms may clear in a few hours. Riboflavin is reported to be completely safe and no toxic symptoms have been reported so far. Higher doses of Nicotinamide may cause vomiting, diarrhea. Sensory neuropathy was observed in individuals consuming more than 200 mg Pyridoxine for very long periods. No cases of Folic acid overdosages have been reported. Acute ingestion of Ascorbic acid, even of massive doses, is unlikely to cause significant effects.

Storae

Do not store above 30 °C. Keep away from light and out of the reach of children.

Commercial Pack

Alneed®: Each box contains 10 blister strips of 10 capsules.

